

Health NEWS

SHARON REGIONAL  HEALTH SYSTEM

News For You and Your Family From Sharon Regional



Cancer Care Center
Expansion

Cancer Rehab
Services

 **Cleveland Clinic**
Stroke Network

Emergency Care Center
Enhancements

**Liberty Family
Medicine Center**
SHARON REGIONAL HEALTH SYSTEM

New IT Center

IN THIS ISSUE:

- Sharon Regional notes growth in outpatient utilization, emergency room enhancements, and executive leadership changes in 2011
- Local radio personality praises Cancer Care Center staff
- January/February Health Education Calendar
- Mercer woman grateful for pediatric rehab
- Dr. Alapati named Fellow of American College of Surgeons
- Farrell High School donates funds to Cancer Care Center

A Review of Growth and Accomplishments at Sharon Regional in 2011

A summary of the growth and accomplishments of 2011 presented to the SRHS Board of Directors noted growth and expansion, quality awards and recognitions, new services, executive leadership changes, and other accomplishments. See page two for more details.

JANUARY/FEBRUARY 2012

www.sharonregional.com

Sharon Regional notes growth in outpatient utilization, emergency room enhancements, and executive leadership changes in 2011

James Feeney, chairman of the SRHS board of directors in 2011, recently presented a summary of the growth and accomplishments of Sharon Regional in fiscal year 2011 to members of the SRHS board of directors.

Changes in executive leadership were a major initiative at Sharon Regional in 2011. The search culminated in the hiring of a new chief executive officer, Linde Finsrud Wilson and the promotion of John R. "Jack" Janoso, Jr. to president and chief operating officer.



Linde Finsrud Wilson
CEO



Jack Janoso
President and COO

GROWTH AND EXPANSION:

Sharon Regional experienced a 6.2% increase in outpatient revenues over the prior year as well as a 4% increase in net patient revenue. The Health System began the preliminary steps to one of the largest projects in its history, involving the research and implementation of a \$13 million electronic health record system throughout all inpatient/outpatient services and employed physician offices.

As part of the Health System's comprehensive information technology strategic plan, construction began on the new 5,000 square foot Technology Center on lot 19B at the LindenPointe Innovative Business Campus in Hermitage. The new Technology Center will house all of the Health System's information technology components from the main Sharon campus as well as its satellite locations.

The Health System's expansion into eastern Ohio through the Hubbard Diagnostic & Specialty Center and the Liberty Family Medicine Center is providing much needed services to residents of those communities as utilization numbers for both physician/specialist office visits and diagnostic testing grew significantly during the year.

Sharon Regional's Cancer Care Center completed its \$4.6 million expansion/renovation project that involved the renovations to accommodate a second linear accelerator for radiation therapy and construction of an additional 4,000 square feet of new space for patient changing areas, physician and staff offices, a rehab center, and other support services. The Center is Mercer County's largest facility for specialized cancer care.

QUALITY AWARDS AND RECOGNITION:

Sharon Regional was recognized during the year by Highmark Blue Cross/Blue Shield for achieving the maximum score in its QualityBLUE program for six quality indicators and was also recognized by Highmark at its QualityBLUE Best Practices Forum for low infection rates related to Methicillin Resistant Staphylococcus aureus (MRSA). Unison Health Plan also awarded Sharon Regional two Gold Star Quality Achievement Awards as part of its Gold Star Pay for Performance program and Ascent presented Sharon Regional with the Healthy Hospital Award for demonstrating outstanding efforts to reduce the Health System's environmental footprint on healthcare delivery.

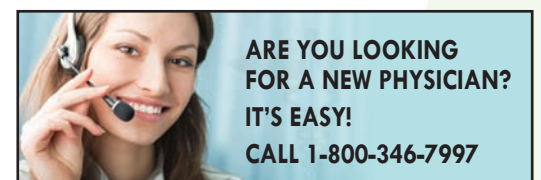
NEW SERVICES:

Sharon Regional welcomed Emergency Medicine Physicians (EMP) as its new exclusive provider of emergency medicine services who developed a new model for the delivery of emergency medical care resulting in increased census and improved patient satisfaction scores. To further

enhance emergency treatment capabilities, Sharon Regional partnered with the Cleveland Clinic's Stroke Network to offer an advanced level of expert stroke care by providing immediate, 24/7 access to patient consultation services from the Clinic's team of neurological specialists through a mobile, two-way videoconferencing system based in the emergency department.

OTHER ACCOMPLISHMENTS:

- Introduced a new natural orifice procedure known as TIF (Transoral Incisionless Fundoplication) for the treatment of gastroesophageal reflux disease (GERD) under the direction of Ravi Alapati, M.D.
- Began offering an innovative new procedure for treating uterine fibroids known as uterine fibroid embolization.
- Partnered with Life Line Screenings to offer a series of screenings for the early identification of risk for stroke and cardiovascular disease at locations throughout the region.
- Partnered with the Hermitage School District to implement Hornet SCORE, a building-wide, school-based behavioral support model.
- Received recognition from the American Heart Association for having the top fund-raising team in their HeartWALK event.



ARE YOU LOOKING FOR A NEW PHYSICIAN? IT'S EASY! CALL 1-800-346-7997

Local radio personality Trapper John praises Cancer Care Center staff



“On a scale of one to 10, I would give staff at the Cancer Care Center at 15 or 16.”

JOHN COLUMBO

John Columbo, better known as Trapper John, the pest control expert, to his nationally-syndicated radio audience, deals with lots of people on a regular basis. The straightforward outdoorsman has a feel for when people are being sincere and when they are not.

“I am most impressed with the nurses here at the Cancer Care Center,” says Trapper John. “They care about each and every patient, which I think is very unusual. I thought they would be somewhat hardened because they deal with so many people on a day-in, day-out basis.”

“The nurses here know me simply as ‘John’ and I can’t say enough about the great work that they do every day.”

After periods of tiredness and weakness in August 2010, Trapper John, 76, of

Shenango Township, saw several physicians and was diagnosed with Myelodysplastic Syndrome (MDS), a group of disorders caused by poorly formed or dysfunctional blood cells.

After several rounds of chemotherapy, Trapper John currently receives blood transfusions at Sharon Regional’s Cancer Care Center under the direction of medical oncologists/hematologists Cynthia Sile, M.D., George Garrow, M.D., and Jeffery Gryn, M.D. Hematology, which includes blood disorders, is an additional service offered at the Center.

“All three doctors go way beyond what they have to do,” adds Trapper John. “I feel much, much better, and, overall I am in very good shape.”

Sharon Regional’s Cancer Care Center, 2320 Highland Rd., Hermitage, is the region’s largest center for specialized cancer care. Our Center also offers advanced treatment for blood disorders including infusion services.

Our team of specialists provide the newest cancer targeted therapies; access to clinical trials; PROVENGE advanced prostate cancer treatment; chemotherapy; two linear accelerators for radiation therapy; infusion services; biological response modifiers; Coumadin Clinic; lab and social work services; physical therapy center for cancer rehab; and much more.

For more information or to schedule a private tour, please call 724-983-5900.



IN AN EMERGENCY YOU WANT TO SEE A DOCTOR FAST. At Sharon Regional, you do.

Every day during our busiest hours patients are now seen within minutes of their arrival by an emergency physician who evaluates their condition and immediately orders the necessary tests, even before registration. Our new **PhysicianFirst** program provides a faster, better patient experience.

SHARON REGIONAL  HEALTH SYSTEM

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Community Education Programs • January 2012

ALL PROGRAMS AT THE HERMITAGE DIAGNOSTIC & IMAGING CENTER UNLESS OTHERWISE NOTED. PLEASE CALL 724-983-5518 OR 1-800-346-7997 TO REGISTER FOR ALL PROGRAMS

monday	tuesday	wednesday	thursday	friday	Doctor's corner & special events
<p>Overeaters Anonymous Mondays 1-2 p.m.</p> <p>Please call 724-983-5518 to register for all events.</p>	<p>Diabetes Basics Monday, January 9 1 p.m. Thursday, January 19 6 p.m. Saturday, January 21 9 a.m. Diabetes Center 724-981-6551</p>	<p>Bereavement Sharing Group Thursday, January 12, 2012 1 p.m. Ferrara's Restaurant 1208 Hall Ave., Sharon, PA Please call 724-983-3878 to register</p>	<p>Celiac Disease Support Group January 12, 2012 6:30 p.m.</p>	<p>JANUARY: CERVICAL CANCER SCREENING & CERVICAL HEALTH AWARENESS MONTH and GLAUCOMA AWARENESS MONTH Stop by the Diagnostic & Imaging Center for more information.</p>	<p>FREE STROKE SCREEN WEDNESDAY, JANUARY 11 10:30 A.M. - 12:30 P.M. Joseph M. Abalos, M.D. Internal Medicine Please call 724-983-5518 for an appointment.</p>
<p>Prepared Childbirth Series Starts Monday, January 9, 2012 7 p.m. Diagnostic & Imaging Center Please call 724-983-5560 to register</p>	<p>TOPS Take Off Pounds Sensibly Every Tuesday Meeting 9:30 a.m. There is a fee First class is free Weigh in from 8:30 - 9:30 a.m. Please call 724-983-5518 or 1-800-346-7997 to register</p>	<p>Highmark Senior Products 11 a.m. Senior Products Call 1-800-978-6590 to register</p> <p>Cardiac Support Group 7 p.m.</p>	<p>Playtime Stimulation for Newborns 10 a.m. Highmark Health on the Menu: What's On Your Plate? 12 p.m. Gayle Linden, L.P.N.</p>	<p>NEW! Health Care Provider CPR 9 a.m. Fee \$40 School of Nursing 724-983-CPRI</p> <p>Health Care Provider CPR Recertification 1:30 p.m. Fee \$20 School of Nursing 724-983-CPRI</p>	<p>FREE PEDIATRIC DEVELOPMENTAL SCREEN THURSDAY, JANUARY 19 10-11 A.M. Infant or child's speech/language skills Gross motor skills, eye-hand coordination Fine motor skills Jennifer Bitner, MS OTR/L Please call 724-983-5518 for an appointment.</p>
<p>Bereavement Support Group Tuesday, January 17, 2012 6 p.m. Behavioral Health Services</p>	<p>Quitting for Life Smoking Cessation Classes Starting Tuesday, January 10, 2012 for 4 weeks 6 p.m. Fee \$25 Diagnostic & Imaging Center Please call 724-983-5518 to register</p>	<p>Meet the American Cancer Society 8:30 - 11 a.m. Cancer Care Center</p>	<p>Glaucoma, Vision & Macular Degeneration Screening 9 - 10 a.m. Keystone Blind Association Call 724-983-5518 for an appointment</p> <p>Diabetes Support Group Shenango Valley Senior Center 9:15 a.m. Diabetes Center 724-981-6551</p>	<p>NEW! Health Care Provider CPR 4 p.m. Fee \$40 School of Nursing 724-983-CPRI</p>	<p>FREE FOOT & ANKLE SCREEN TUESDAY, JANUARY 24 11-12 P.M. Vern Chuba, D.P.M., Podiatrist Please call 724-983-5518 for an appointment.</p>
<p>Bereavement Support Group Tuesday, January 17, 2012 6 p.m. Behavioral Health Services</p>	<p>Health America Advantra Town Meeting 11 a.m. Senior Products</p>	<p>Highmark Senior Products 10 a.m. Senior Products Call 1-800-978-6590 to register</p> <p>Alzheimer's Support Group 6 p.m.</p>	<p>Bariatric Support Group 6 p.m. 724-983-5518</p>	<p>FREE HAND, ELBOW OR SHOULDER SCREEN THURSDAY, JANUARY 26 1-3 P.M. Dave Oravec, OTR/L Brookfield Family Medicine Center Please call 1-800-346-7997 for an appointment.</p>	<p>CERVICAL CANCER AWARENESS MONTH: WHAT DOES MY PAP TEST RESULT MEAN? TUESDAY, JANUARY 24 5:30 P.M. Rebecca M. Hanigovsky, D.O. Obstetrics/Gynecology Please call 724-983-5518 to register.</p>
<p>Compassionate Friends 7 p.m.</p>	<p>Health America Advantra Town Meeting 11 a.m. Senior Products</p>	<p>Diabetes Support Group 6 p.m. 724-983-5518</p>	<p>Online registration now available for most classes at our Calendar of Events Page www.sharonregional.com</p>	<p>FREE HAND, ELBOW OR SHOULDER SCREEN TUESDAY, JANUARY 31 10 A.M. - 12 P.M. Maureen Riggie, M. Ed., OTR/L, CHT Please call 724-983-5518 for an appointment.</p>	<p>BARIATRIC SURGERY INFORMATIONAL MEETING WEDNESDAY, JANUARY 25 6 - 8 P.M. Ravi Alapati, M.D. Laparoscopic Surgeon & Director of Bariatric Surgery Program Please call 724-983-5518 to register.</p>

Behavioral Health Services Hermitage: 724-983-5454 Mercer: 724-662-3831	Brookfield Family Medicine Center 7264 Warren-Sharon Road Brookfield 330-448-0500	Cancer Care Center 2320 Highland Road Hermitage 724-983-5900	Diabetes Center 2395 Garden Way Hermitage 724-981-6551	Diagnostic & Imaging Center 2435 Garden Way Hermitage 724-983-3931	Mercer Family Medicine Center 551 Greenville Road Mercer 724-662-4155	Hubbard Diagnostic & Specialty Center 880 W. Liberty Street, Suite A Hubbard 330-534-5400
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Community Education Programs • February 2012

ALL PROGRAMS AT THE HERMITAGE DIAGNOSTIC & IMAGING CENTER UNLESS OTHERWISE NOTED. PLEASE CALL 724-983-5518 OR 1-800-346-7997 TO REGISTER FOR ALL PROGRAMS

monday	tuesday	wednesday	thursday	friday
<p>Overeaters Anonymous Mondays 1-2 p.m.</p> <p>Diabetes Basics Thursday, February 2 1 p.m. Monday, February 6 6 p.m. Diabetes Center 724-981-6551</p>	<p>Diabetes Basics Thursday, February 2 1 p.m. Monday, February 6 6 p.m. Diabetes Center 724-981-6551</p>	<p>Celiac Disease Support Group February 9, 2012 6:30 p.m.</p> <p>Cardiac Support Group 7 p.m.</p>	<p>Preventing Diabetes Thursday, February 16, 2012 6 p.m. Diabetes Center 724-981-6551</p>	<p>Seniors for Safe Driving Class Friday, February 3, 2012 9 a.m. - 1 p.m. Richard D'Arcangelo \$15 fee Please call 800-559-4880 to register</p>
<p>FEBRUARY: HEART MONTH and NATIONAL CANCER PREVENTION MONTH Stop by the Diagnostic & Imaging Center for more information.</p>	<p>TOPS Take Off Pounds Sensibly Every Tuesday Meeting 9:30 a.m. There is a fee First class is free Weigh in from 8:30 - 9:30 a.m. Please call 724-983-5518 or 1-800-346-7997 to register</p>	<p>Cardiac Support Group 7 p.m.</p>	<p>Playtime Stimulation for Newborns 10 a.m.</p>	<p>NEW! Health Care Provider CPR 9 a.m. Fee \$40 School of Nursing 724-983-CPR1</p> <p>Health Care Provider CPR Recertification 1:30 p.m. Fee \$20 School of Nursing 724-983-CPR1</p>
<p>Look Good, Feel Better 6 p.m. Cancer Care Center Please call 1-800-227-2345</p>	<p>Medic Alert information available at the Diagnostic & Imaging Center</p>	<p>Bereavement Sharing Group Thursday, February 9, 2012 1 p.m. Ferrara's Restaurant 1208 Hall Ave., Sharon, PA Please call 724-983-3878 to register</p>	<p>Diabetes Support Group Shenango Valley Senior Center 9:15 a.m. Diabetes Center 724-981-6551</p> <p>Highmark Health on the Menu: Everyday Habits and the Prevention of Cancer 12 p.m. Gayle Linden, L.P.N.</p>	<p>FREE PEDIATRIC DEVELOPMENTAL SCREEN THURSDAY, FEBRUARY 16 10-11 A.M. Infant or child's speech/language skills Gross motor skills; eye-hand coordination Fine motor skills Jennifer Birner, MS OTR/L Please call 724-983-5518 for an appointment.</p> <p>FREE HEARING SCREEN MONDAY, FEBRUARY 20 10 A.M. - NOON Thomas Baranek, MA, CCC/A Audiologist Please call 724-983-5518 for an appointment.</p>
<p>Free Hearing Screen 10 a.m. - Noon Please call for an appointment 724-983-5518</p> <p>Breastfeeding Class 6:30 p.m. Please call 724-983-5560 to register</p>	<p>NEW! Health Care Provider CPR 4 p.m. Fee \$40 School of Nursing 724-983-CPR1</p> <p>Bereavement Support Group 6 p.m. Behavioral Health Services</p>	<p>Highmark Senior Products 10 a.m. Senior Products Call 1-800-978-6590 to register</p> <p>Alzheimer's Support Group 6 p.m.</p>	<p>Shenango Valley Immunization Clinic Pennsylvania Department of Health Mercer County State Health Center 9 a.m. - 2 p.m. PA residents only; birth to age 18 You must call 724-662-4000 for an appointment Fee \$5 or free depending on your income Diagnostic & Imaging Center</p>	<p>FREE FOOT & ANKLE SCREEN WEDNESDAY, FEBRUARY 22 11-12 P.M. James LaPolla, D.P.M., Podiatrist Brookfield Family Medicine Center Please call 1-800-346-7997 for an appointment.</p>
<p>Compassionate Friends 7 p.m.</p>	<p>Free e-newsletters on Health, Parenting, and Pregnancy are at www.sharonregional.com</p>	<p>Health America Advantra Town Meeting 11 a.m. Senior Products</p>	<p>Bariatric Support Group 6 p.m. 724-983-5518</p>	<p>FREE HEARING SCREEN MONDAY, FEBRUARY 20 10 A.M. - NOON Thomas Baranek, MA, CCC/A Audiologist Please call 724-983-5518 for an appointment.</p> <p>FREE FOOT & ANKLE SCREEN WEDNESDAY, FEBRUARY 22 11-12 P.M. James LaPolla, D.P.M., Podiatrist Brookfield Family Medicine Center Please call 1-800-346-7997 for an appointment.</p>

Doctor's corner & special events



A LOOK INSIDE YOUR HEART: UNDERSTAND CARDIAC CATHETERIZATION
WEDNESDAY, FEBRUARY 8 | 5 P.M.
Michael W. Burley, M.D., F.A.C.C.
Board Certified Interventional Cardiologist
Please call 724-983-5518 to register.



I CAN COPE: LEARNING ABOUT CANCER
TUESDAY, FEBRUARY 14 | 12 P.M.
Jeffrey F. Gryn, M.D., Oncology
Presented by:
American Cancer Society & Sharon Regional Health System
Please call 724-983-5518 to register.



FREE PEDIATRIC DEVELOPMENTAL SCREEN
THURSDAY, FEBRUARY 16 | 10-11 A.M.
Infant or child's speech/language skills
Gross motor skills; eye-hand coordination
Fine motor skills
Jennifer Birner, MS OTR/L
Please call 724-983-5518 for an appointment.



FREE HEARING SCREEN
MONDAY, FEBRUARY 20 10 A.M. - NOON
Thomas Baranek, MA, CCC/A
Audiologist
Please call 724-983-5518 for an appointment.



FREE FOOT & ANKLE SCREEN
WEDNESDAY, FEBRUARY 22 11-12 P.M.
James LaPolla, D.P.M., Podiatrist
Brookfield Family Medicine Center
Please call 1-800-346-7997 for an appointment.



BIARIATRIC SURGERY INFORMATIONAL MEETING
WEDNESDAY, FEBRUARY 29 6 - 8 P.M.
Ravi Alapati, M.D.
Laparoscopic Surgeon & Director of Bariatric Surgery Program
Please call 724-983-5518 to register.

Behavioral Health Services Hermitage: 724-983-5454 Mercer: 724-662-3831	Brookfield Family Medicine Center 7264 Warren-Sharon Road Brookfield 330-448-0500	Cancer Care Center 2320 Highland Road Hermitage 724-983-5900	Diabetes Center 2395 Garden Way Hermitage 724-981-6551	Diagnostic & Imaging Center 2435 Garden Way Hermitage 724-983-3931	Mercer Family Medicine Center 551 Greenville Road Mercer 724-662-4155
Hubbard Diagnostic & Specialty Center 880 W. Liberty Street, Suite A Hubbard 330-534-5400					

Mercer woman grateful for daughter's pediatric rehab in Hermitage



Emlin Lait, center, takes part in a word game exercise with Sharon Regional's pediatric speech therapist Mary Rauch, left, and her mother, Yvonne, at Sharon Regional's Rehab Center in Hermitage.

Emlin Lait was not being helped much in 2008 at a pediatric rehabilitation facility in Pittsburgh. Despite numerous visits over almost two years, her mother, Yvonne Lait, wasn't seeing much development in speech skills of Emlin, then 5 years old.

"I started doing some research on my own for possibly another place to go and found pediatric therapy at Sharon Regional," Yvonne recalls. "I was connected with Mary Rauch (pediatric speech therapist) and am extremely pleased with the way everything has worked out."

"On our first visit, Mary did an assessment of Emlin's mouth, nose and throat, and within 10 minutes diagnosed a possible palate problem. This was checked by a specialist and a few months later Emlin had a pharyngeal flap surgical procedure that improved her ability to form words."

While the surgery provided a change in the physical mechanism, extensive speech therapy is needed to help Emlin learn how to produce oral sounds and to use all her articulators to produce these sounds.

Emlin was born with a diagnosis of DiGeorge Syndrome. The syndrome is a disorder caused by a defect in chromosome 22 and results in the poor development of several body systems. The number and severity of problems associated with DiGeorge syndrome vary greatly. Almost everyone with DiGeorge syndrome needs treatment from specialists in a variety of fields.

At Sharon Regional's Rehab Center, 2380 Highland Rd., Hermitage, Emlin participates in speech therapy, physical therapy and occupational therapy. At Mercer Elementary School, Emlin is in a learning support class, where she currently reads at a first grade level, and also has occupational and physical therapy.

"I am very happy I took Emlin to Sharon Regional," adds Yvonne. "We can understand what she's saying, though sometimes she tries to speak too fast. She has come a long, long way."

For more of Emlin's story, please visit www.sharonregional.com/rehab.asp

FREE PEDIATRIC DEVELOPMENTAL SCREEN

**THURSDAY, JANUARY 19
10 - 11 A.M.**

Diagnostic & Imaging Center,
Hermitage

Infant or child's speech/language skills • Gross motor skills, eye-hand coordination • Fine motor skills

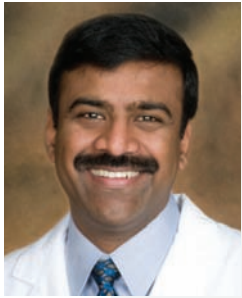
**Please call 724-983-5518
for an appointment**

Do you have concerns regarding your infant or child's speech/language skills, gross motor skills (roll, sit, crawl, walk, or jump), eye-hand coordination, fine motor or handwriting, feeding, play or social skills? Members of our outpatient pediatric therapy staff offer monthly screens for ages of birth to 6 years.

Our pediatric rehab specialists are dedicated to serving the children of our community with providing excellent service in pediatric occupational, physical, speech/language therapy services. They would love the opportunity to support your child's independence.

For more information or to schedule a private tour, please call the Rehab Center, 2380 Highland Road, Hermitage, at 724-983-3960.

Dr. Alapati named Fellow of American College of Surgeons



Ravi Alapati, M.D.

Ravi Alapati, M.D., a specialist in advanced laparoscopic surgery and board certified general surgeon, was inducted as a Fellow of the American College of Surgeons during the convocation ceremony at the College's recent 97th annual Clinical Congress in San Francisco.

Dr. Alapati is the medical director of Sharon Regional's bariatric surgery program, specializing in Gastric bypass, the Lap-Band system, and the new Vertical Sleeve

Gastrectomy procedures. He also specializes in SILS (Single Incision Laparoscopic Surgery) for gallbladder and appendix; laparoscopic surgery for gastric reflux, hiatal hernias, ventral hernias, inguinal hernias, solid organ and colon resections; cancer surgery, general surgery, colonoscopy, and gastroscopy. He recently performed the first laparoscopic splenectomy (removal of the spleen) at Sharon Regional.

Dr. Alapati completed a five-year general surgery residency at St. Vincent's Catholic Medical Center in New York and a laparoscopic surgery fellowship at Westchester Medical Center in Valhalla, New York. He was recently selected to the list of

"America's Top Minimally Invasive Surgeons" by the Consumers Research Council of America. He is a member of the Society of Laparoendoscopic Surgeons (SLS), Society of American Gastrointestinal and Endoscopic Surgeons (SAGES), American Society for Metabolic and Bariatric Surgery (ASMBS), and the American Medical Association.

Dr. Alapati is associated with general surgeons Ravi Sachdeva, M.D., Gene Marcelli, M.D., and Craig McKinney, M.D. in General Surgical Specialists with offices on Garden Way in Hermitage. For more information call 724-981-0630.

Farrell High School students/staff donate funds to Cancer Care Center

The Farrell High School Student Council organized a "Pink Out" at the October 14 Homecoming football game to raise funds for Sharon Regional's Cancer Care Center in Hermitage.

The idea for the "Pink Out" came from Victoria Latzoo, Farrell High School principal, who approached student council advisor Kim Kladitis for assistance in organizing the effort. Others who assisted with the project included the senior class, cheerleaders, Golden Girls dance line, Farrell High School Band, and Leigh Phanco, senior class advisor.

The groups raised \$400 (\$320 through the senior class and \$80 through student

council) from various fundraising activities, all which was donated to the Angel Fund at the Cancer Care Center. The Fund utilizes 100% of its monies to assist area residents undergoing cancer treatment with the costs of medications, household utilities, or other expenses.

A large "Farrell Cares" banner, designed by Farrell High School student Kieauna Jefferson, and one of the long sleeve "Pink Out" t-shirts that were sold as part of the fundraiser, were on display at the Cancer Care Center as a tribute to the Farrell High School efforts.



Among the Farrell High School Students who helped raise monies for Sharon Regional's Cancer Care Center were (left to right) Quentin Malloy, Student Council President; Shayona Harrison, Student Council Vice President; and Mykel Williams, Senior Class President.



READY TO LOSE THE WEIGHT AND CHANGE YOUR LIFE?

Sharon Regional's Bariatric Surgery Program offers a multi-disciplinary, customized surgical approach to your weight loss plan. Want to learn more? Attend a free information session on Wednesday, Jan. 25 or Feb. 29 at 6 p.m. at the Diagnostic & Imaging Center in Hermitage.

To register please call 724-983-5518 or 800-346-7997.

SHARON REGIONAL  HEALTH SYSTEM

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Sharon Regional welcomes two pain management specialists



Daryl W. List, D.O. **Robin Molaskey, D.O.**

Sharon Regional's Interventional Pain Management Center, 32 Jefferson Avenue, Sharon, is pleased to welcome Daryl W. List, D.O., and Robin D. Molaskey, D.O., who have more than 50 years of experience diagnosing and treating acute, chronic,

benign, and cancer-related pain through their offices in Transfer and New Castle.

Drs. List and Molaskey specialize in the newest techniques and treatments in pain management, including epidural steroid injections, trigger point injections, peripheral nerve blocks, facet injections, medical branch blocks, implantable devices, and much more with the goal of helping patients return to a productive and enjoyable life.

For more information or to schedule an appointment call 724-983-5521.

Women's Center nurses earn advanced certification

Congratulations to the following Women's Center nurses: Janine Gnagey, RNC, Lisa Harper, RNC, Grace Suvoy, RNC, BSN, Paula Forsythe, RNC, BSN, and Bernadine Yuran, RNC, who recently completed requirements to maintain their Certification in Inpatient Obstetrics. Bernadine Yuran, RNC, and Aimee DeMasy, RN, also recently became certified in Electronic Fetal Monitoring. Lastly, Yvonne Ceslak, RN, BSN, recently passed and continued her board certification from the International Board of Certified Lactation Consultants.



Left to right: Lisa Harper, Grace Suvoy, Janine Gnagey, Yvonne Ceslak, and Bernadine Yuran. Missing from photo: Paula Forsythe and Aimee DeMasy.



Shenango Valley YMCA

925 North Hermitage Road, Hermitage
Phone: 724-981-6950 • www.svymca.com

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- Programs and services to get your whole family healthy
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- THE most comprehensive fitness facility in the area!
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- Over 65 group exercise classes-any type, time or intensity!

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Personal Nutrition Coaching: One on One counseling with a Registered Dietician designed to help you make healthy lifestyle and nutrition choices for better health or to address specific concerns, such as weight management, heart health and diabetes.

Drop 10 'N 10: An exciting 10-week weight management program designed to help you lose 10 pounds of your body weight through a progressive program of nutrition, exercise and meaningful behavior change. **Not a diet!!**

Eat Well For Life: Lifestyle improvement program that champions optimal health, vitality and long-term weight management through the power of good nutrition.

Discover Relaxation Within: Lifestyle improvement program that helps you manage everyday stress through practical relaxation techniques and innovative stress management strategies.

