

Inpatient Behavioral Health Services

Information Sheet for Voluntary 201 Admissions

CONSENT FOR TREATMENT

You are being asked to sign a voluntary admission form that states that you understand that you will be admitted to an inpatient setting for the purpose of mental health treatment.

This treatment includes both the administration of medication and drugs deemed necessary for the treatment of an identified mental health diagnosis. Additional treatment through group, individual and milieu therapy and a physical examination by a medical professional will also be conducted during the course of your treatment.

By signing the voluntary form, you are agreeing to cooperate with the proposed treatment plan that is listed on the back of the voluntary admission form. Members of the treatment team will follow the proposed treatment plan under the direction of the attending psychiatrist.

INITIAL LENGTH OF STAY

“How long do I have to stay?”

There is a common belief that an inpatient stay is only ‘72 hours’ or 3 days total.

Unfortunately, this is an INACCURATE belief; in fact there is no set answer to this question as the length of stay varies for each patient. **YOUR LENGTH OF STAY DEPENDS SOLELY ON YOUR TREATMENT PROGRESS.** Ideally, treatment in an inpatient setting is expected to be an intense short-term period of stabilization with discharge to another appropriate level of care.