

BEHAVIORAL HEALTH SERVICES

SHARON REGIONAL  HEALTH SYSTEM

Child and Adolescent Trauma & Loss Clinic

Drew Krantz, MA, LPC, NCC • Melanie Broadwater, MA, LPC, NCC
2375 Garden Way • Hermitage, PA 16148 • 724-983-5454 • www.sharonregional.com/bhs

Child and Adolescent Trauma & Loss Clinic Presents:

Adapt

(A Group for Adopted and Foster Kids Ages 8-12 Years and 13-18 Years)

This group will provide support, acceptance, and knowledge regarding the unique experiences faced by children and teens in foster care and/ or adoptive homes. Our goal is to help children and teens understand that they are not alone as they adapt to changing life circumstances. Groups provide the opportunity to develop connections to many others whom are in similar situations.

Topics covered in this group will include, but are not limited to coping strategies, emotional regulation, anger management, adjustment to change, family issues, communication skills and self-esteem. These topics will be addressed through a variety of activities including group discussions, art, movie clips, games, stories, and social interaction.

This group will be held weekly. New members are welcome upon completion of an intake.

- Where:** Behavioral Health Services
2375 Garden Way
Hermitage, PA 16148
- When:** Thursdays 4:30-5:30 (8-12 year olds)
5:30-6:30 (13-18 year olds)
- Starting January 13, 2011**
- Cost:** Most insurances are accepted.
- Facilitators:** Drew Krantz, MA, LPC, NCC
Melanie Broadwater, MA, LPC, NCC

Completion of an intake with the program facilitators prior to the start of the program is required. For more information or to schedule an intake please call [724-983-5454](tel:724-983-5454), option #3, and request to speak with the Admissions Coordinator.